

# NEWCOMERS CLUB OF *San Dieguito*

Click for: [EVENT CALENDAR](#)

**AUGUST 2022**

To make it fair for all, RSVPs for Newcomer activities will be accepted in the order received and can be made:

- 1) AFTER the email about the newsletter being posted on the website is sent and AFTER the activity is published in the Newsletter.
- 2) Upon receipt of the \$ fee for the activity.

## **PICTURES from May Activities and June Luncheon**

Please send to Mary Jo Landen, [Landen.mj@gmail.com](mailto:Landen.mj@gmail.com) or text her: 402-630-0638. Please send photos (in landscape format) for the website to Jeri Saunders [jeris@flash.net](mailto:jeris@flash.net) or Margaret Newhouse [margaretgla@gmail.com](mailto:margaretgla@gmail.com) and to Ruth Mack [Ruthmack50@gmail.com](mailto:Ruthmack50@gmail.com) for email blasts.

## **Private FACEBOOK PAGES for Newcomers Club members**

Search for: **The Newcomers Club of San Dieguito**

Search for: **San Dieguito Newcomers Travel**

## **How to RESET YOUR PASSWORD, VENMO and much more**

Sign into the **Newcomers Club website**

Scroll down to **Member Links**

Click on **Club Rules and General Procedures**

Select any and all of the following:

Club Rules

COVID Policy

How to pay your membership dues

How to reset your password

How to Zoom

How to set up Venmo

How to keep Newcomers emails from going to Promotions

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## Message from President

Hi Friends,

Summer days bring back joyful memories –hide-and-seek in the dark, swimming, and the glorious ice cream truck. Where I lived, we had Ray the Ice Cream man. He'd ring the chime of his brightly-painted, ice-cream truck, and kids throughout the neighborhood would come running. Let's relive those happy memories and enjoy some **ice cream treats at the August 3<sup>rd</sup> General Meeting**. (I promise you don't have to run for an ice cream truck.) You'll need to RSVP so we know how many members are coming. For details, see the information about our General Meeting in this newsletter.



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This is the first meeting of our fiscal year, so come and hear about many of the exciting activities we have planned. You'll also get an update on the work of our Task Force regarding membership.

A big thanks goes to Bruce Gresham, husband of our member Shirley, who helped us resolve the problem some members were having when they tried to reset their passwords.

After the General Meeting, we'll have our first Meet & Eat. Yes, Friends, we're going out to lunch after the meeting! It's a great way to get to know other members. Peggy Bishop has planned a fun-filled luncheon at Casa de Bandini. Contact her at [pcarey\\_bishop@hotmail.com](mailto:pcarey_bishop@hotmail.com) to sign up.

Friends, Fun, and Flowers (and a bit of ice cream) to you!

Jo-Ann Smith

## **AUGUST 2022 ACTIVITIES**

### **Arts and Crafts - (Activities will resume in early Autumn)**

Kim Lubesnick, Candy Sharda, Louise Godici and Karen Sullivan are planning lots of new projects for crafters, so stay tuned!

Contact Yvonne Sopp for details on the new (Take Home) Name Badges and lanyards [ymsopp@gmail.com](mailto:ymsopp@gmail.com) Lanyards have an annoying habit of twisting name tags. To be certain your name appears on the front and the back side, use your printer and make a copy of your name tag, then cut that copy to size and insert it in the back of your holder. If you have personalized decorations, be sure to set your printer to “color”

### **Beach Walking: Thursday, August 4th at 10:00 AM**

Beach Walking will meet on **August 4th at 10:00 AM at the South Cardiff Beach**. We will meet on the **first Thursday of every month** at 10:00 AM. We will generally walk about 3 miles to Dog Beach and back from Cardiff State Beach. Anyone can walk less or more at their own pace, choosing to turn around or stop and wait for the group to return. No dogs, please.

**Parking options.** Parking for when we meet at Moonlight Beach is free at the Moonlight Beach parking lot. For Cardiff, if you are lucky, you may find a spot along the Coast Highway. **For Cardiff there is also street parking south of the South Parking Lot in the neighborhood off Ocean Street. Allow time to walk from where you park if you don't have the State Beach Parking Permit.** The easiest is: if you have a State Beach Parking permit, park in the South lot. (Google *Cardiff State Beach Parking*.) The LIMITED USE GOLDEN BEAR PASS is available for \$20.00 and is good January - December, except from Memorial Day through Labor Day. Information on how to purchase this is at [https://www.parks.ca.gov/?page\\_id=1049](https://www.parks.ca.gov/?page_id=1049).

If you will join us on this walk or if you are interested in being on the email list for Beach Walking, email Betty Bordelois [bettyisnow@yahoo.com](mailto:bettyisnow@yahoo.com)

### **Big Sister Program **NEW ACTIVITY!****

This coming year, we're starting a new program to help new members of the last two years and future new members acclimate and make new friends. If you are

interested in being a Big Sister to one or more new members, email Melissa Lee at [melissa7570@gmail.com](mailto:melissa7570@gmail.com) for more information.

### **Boogie Boarding: Monday, Wednesday, Friday mornings**

Summer is here! Water is warm! We get to swim with the families! Many women will wear shorty wet suits.

Our schedule is:

**Monday** - 9:30 AM at Moonlight; 9:30 AM & Noon at Fletcher Cove

**Wednesday** - 9:30 AM at Moonlight Beach

**Friday** - 9:30 AM at Moonlight; 9:30 AM and Noon at Fletcher Cove

Come to one of our outings and see what fun you are missing.

First-Timers: email Fran Dyer [slcfran@aol.com](mailto:slcfran@aol.com) or Loraine Vaught [lvaught421@outlook.com](mailto:lvaught421@outlook.com). We will find a buddy to introduce you to the group. Boogie Boarders always meet under the permanent lifeguard station at every beach. We have 20+ participating on some days!

### **BOOK CLUB GROUPS**

#### **First Monday Book Club: Monday, August 1st - Social 10:00 AM**

#### **Discussion begins at 10:30 AM**

We will be discussing *The Four Winds* by Kristin Hannah. We will meet at the home of **Phyllis Atkins - 2820 Santa Fe Vista Court, Encinitas**. If you plan to attend, email Phyllis [patkinssd@yahoo.com](mailto:patkinssd@yahoo.com) to let her know you will be there.

**It is very important to RSVP so our hostess can plan!**

If you wish to be added to the First Monday Book Club email list for meeting reminders, email Amy Rode at [jamcrode@comcast.net](mailto:jamcrode@comcast.net).

#### **Mystery Book Club: Tuesday, August 9th, 10:00 AM**

We will discuss *The Christie Affair* by Nina de Gramont. Blending fact and fiction, *The Christie Affair* is a wonderfully clever take on Agatha Christie's mysterious real-life disappearance in 1926. Join the group at the home of Kim Lubesnick, 707 S Sierra Ave, Unit 8, Solana Beach. **RSVP: to Linda Levine: [LLevine65@gmail.com](mailto:LLevine65@gmail.com)** to be sure there is enough seating for all.

For those who wish to read ahead –

September 2022: *Who Is Maude Dixon . . . ?* by Alexandra Andrews

October 2022: *The Dry* by Jane Harper

If you wish to join group discussions or want to be added to the Mystery Book Club list for meeting reminders, email **Linda Levine**: [LLevine65@gmail.com](mailto:LLevine65@gmail.com).

### **Second Tuesday Book Group: Tuesday, August 9th 3:00 PM**

Tuesday, August 9: ***Sailing Alone Around the Room: New and Selected Poems*** by Billy Collins (Please choose a favorite poem to discuss.)

REMINDER for Tuesday, July 12, 3:00 PM, ***Lessons in Chemistry*** by Bonnie Garmus

We have temporarily lost our spot at the Cardiff Library. For the present time, Ann Stahl has volunteered to host our meetings at her home in Cardiff. We are still meeting on 2nd Tuesdays at 3:00 PM. Ann's address is **1845 Rubenstein DRIVE, Cardiff-by-the-Sea. DRIVE is essential because there is another Rubenstein!!** From I-5, exit at Birmingham Drive (Exit 40), head west (toward the ocean or Seaside Market), then right on Montgomery Avenue, right on Westminster, and a sharp right up the hill on **Rubenstein DRIVE**. 1845 is on the right. Or use your GPS. Park in the driveway or on the street.

For details, contact Diana Van Duzer at [dvanduzer@sbcglobal.net](mailto:dvanduzer@sbcglobal.net). If you need to borrow a hardcopy of the book, check with Ann Stahl. She often has one to loan.

### **Women's Fiction Book Club: Monday, August 22, 10:00 AM Social, 10:30 AM Discussion**

For August 22, the book will be ***The Things We Keep*** by Sally Hepworth. We have book selections through March 2023.

REMINDER: The July 25 book was ***Wish You Were Here*** by Jodi Picoult.

Marilyn Kogen will facilitate the discussion. We will meet at the home of **Phyllis Atkins at 2820 Santa Fe Vista Court, Encinitas**. If you plan to attend, please email Phyllis at [patkinssd@yahoo.com](mailto:patkinssd@yahoo.com)

If you would like to be added to the Women's Fiction Book Club mailing list, contact Melissa Lee (chairperson) at [melissa7570@gmail.com](mailto:melissa7570@gmail.com) or you may RSVP for any upcoming meetings that might interest you.

For in-person meetings, we must have RSVPs so we can make sure we have enough chairs. Also, you must be fully vaccinated if the meeting is held indoors (see Covid Policy on our website).

\*We still need book suggestions for April, May, & June 2023. We are looking for fictional books about strong women with interesting lives, challenges, and/or goals. The story may be centered on how these women grow and navigate their difficult lives. If you have any of interest, contact Melissa Lee at [melissa7570@gmail.com](mailto:melissa7570@gmail.com)

### **Breakfast Club:**

We will not be meeting during the summer. This activity will resume in September. We hope that you can join us for a delicious and fun morning meal together! Marilyn, Rita and Mitzi

### **Butterflies:** 🦋🦋🦋

Be on our “All Things Butterflies” email list. We share our successes being Monarch warriors. Contact [Louise.Godici@gmail.com](mailto:Louise.Godici@gmail.com)

### **Canasta:** ♠♣♥ Tuesday, August 23, 2022, 12:30 PM Social Games begin at 1:00 PM

Location will be disclosed as we get closer to the date. Email Dorene [goldie2047@aol.com](mailto:goldie2047@aol.com) if you plan to attend.

**Canasta for Newbies:** Please email Dorene [goldie2047@aol.com](mailto:goldie2047@aol.com) if you are interested in learning to play canasta.



### **Cardio Drumming:** Tuesday, July 26th, 10:00 AM and Friday, August 12th, 10:00 AM

**NEW ACTIVITY!** led by  
Fran Newman and Kim Lubesnick

Join us at **Aviara Community Park, 6435 Ambrosia Ln, Carlsbad**

Cardio Drumming is a growing trend combining creativity and fitness—and can be done by young and old alike at any location. It combines cardio exercise and



drumming to the rhythm of the music in an easy but effective workout. Cardio drummers rock out to upbeat tunes while also getting an aerobic workout and burning up to 900 calories at a time.

It's a fun, fast-paced way to get your heart rate up, improve your rhythm, and burn those calories. You don't need to be a drummer to do it, and even more amazingly, you don't even need drums!

**All you need is a bucket, an exercise ball, drumsticks, and some music** – then you can start drumming. Fran and Kim will lead you in routines set to fun songs at an outdoor location.

**Date #1: Tuesday, July 26 Time: 10:00-11:00 AM**

**Place: Aviara Community Park, 6435 Ambrosia Ln, Carlsbad**

**Date #2: Friday, Aug 12 Time: 10:00-11:00 AM**

**Place: La Colonia Park, 715 Valley Ave, Solana Beach**

**Bring: your own equipment if you have it. Large yoga ball, bucket and drum sticks.** We have 4 full sets of equipment for you to use if you want to try it first before purchasing your own. **We have extra drumsticks too.** Equipment costs about \$40. **RSVP: Fran Newman [FranNewman@ymail.com](mailto:FranNewman@ymail.com)**

### **Chicks with Chains: Thursday, Aug. 18 at 9:30 AM**

Thursday, Aug. 18 at 9:30, ride with us on the **Coronado Strand**. The 12 mile ride is on a completely flat, paved, bike path between the ocean and San Diego Bay, passing a bird sanctuary. We will follow the ride with lunch outside on the patio at Miguel's Cocina. If you can join us or would like to be added to the Chicks with Chains list, email [pamelashetler@hotmail.com](mailto:pamelashetler@hotmail.com).

Details will be emailed in the week before the ride.

### **Cinema Socializing**



Participants see the selected movie on their own and then meet, typically on the second Saturday of every other month, from 4:00-5:30. Movies are selected fairly close to the meeting date and the decision to meet is based on whether there is a movie that seems like it will appeal to the group. Please let Judy

Gechman know if you want to be added to the email list for future meetings.  
[judygechman@gmail.com](mailto:judygechman@gmail.com) 713-202-8816.

## **Community Service**

### **NEW ACTIVITY! School Supplies for Homeless Children**

We're collecting school supplies for the homeless children and college students at Solutions for Change ([www.solutionsforchange.org](http://www.solutionsforchange.org)). Items needed include backpacks, notebooks, paper, pens, pencils, crayons, markers, highlighters, rulers, scissors, calculators, and pencil cases. If you don't have time to shop, you can contribute money, and Jo-Ann Smith and Christie Snow will shop for the items that are most needed. Last year we were able to give one student a much-needed laptop computer.

**Donations can be dropped off at Jo-Ann's home at 192 Coral Cove Way in Encinitas or Christie's home at 419 Gardendale Drive in Encinitas.** We'll both leave boxes to put the supplies in by our front doors. You can bring them to pickleball on July 13 or the August 3 General Meeting for Jo-Ann to pick-up or boogie boarding when Christie attends.

**The deadline for sending in donations is August 5.** Thanks for your support!

Jo-Ann Smith [joann.smith.july4@gmail.com](mailto:joann.smith.july4@gmail.com)

Christie Snow [mccwsnow@gmail.com](mailto:mccwsnow@gmail.com)

### **Community Service: CRC Carol's House**

This local facility offers short term and longer stays for mothers and children escaping domestic violence. Our role is to provide kitchen and bathroom essentials and install fresh bed linens, each time a new family moves into one of the longer stay apartments. We solicit and accept donations of kitchen items or soft furnishings, when needed, but currently have quite a bit in storage. Each home comes with basic furniture so beds or sofas, etc. are never needed.

Thank you for your support.

Co-chairpersons:

[Pfitchen@gmail.com](mailto:Pfitchen@gmail.com) (831) 295-3514

[MariKennard@gmail.com](mailto:MariKennard@gmail.com) (925) 200-0024



## **Community Service: New! 40th Annual Holiday Baskets Program**

Throughout the year, CRC helps individuals and families create pathways to healthy food, stable homes, and safe relationships. Again this year, we will be collecting **NEW Queen and King-sized blankets**, and this could be our biggest Blanket Drive ever! (Can we reach 150???) As autumn approaches, stores like Costco will put blankets on sale as loss leaders. This is a great opportunity to save \$\$\$\$. If we start now, we have until November 30th to top our goal.

Contact [judy.cours@gmail.com](mailto:judy.cours@gmail.com) for questions and further directions.

### **Drop Off Blankets at these homes or at General Meetings:**

**Melinda Wynar** - Carmel Valley

**Judy Cours** - Del Mar, Solana Beach, Cardiff, RSF

**Julie Shulman** - Encinitas, Leucadia, Olivenhain (Gate Code Required)

**Jo-Ann Smith** - Encinitas, Leucadia


**Bonnie Koonvitsky** - Carlsbad (92009) (Gate Code Required)

If anyone else is willing to be a collection point, contact [judy.cours@gmail.com](mailto:judy.cours@gmail.com)

## **Community Service: Solutions for Change**

We serve dinner to the residents every 6-8 weeks. Our June meal was well received and bountiful. We had a few more babies and children this time, which was fun. The residents were able to have two meals from the delicious dinner we prepared and served. Our next dinner will be in September.

Marilyn Barnett informs the committee regarding the menu and details for the dinner when we have our date. It is wonderful to see the residents enjoying a home cooked meal.

There is nothing better than watching another human being grow, blossom and dream. Solutions for Change partners with individuals as they rebuild  their lives from the ground up. Solutions parents are freed from their addictions, childhood trauma and domestic violence. They learn Self-Accountability and Responsibility. It gives them Dignity and Self-Worth. They work hard on the issues that brought them to homelessness. And they are so grateful to have been given a true second chance at life. If you would like to join our group, **contact Marilyn Barnett** [marilynarnett484sd@gmail.com](mailto:marilynarnett484sd@gmail.com).

## **Cultural Arts: Pageant of the Masters, Thurs. August 25th**

**NEW ACTIVITY!**.....Our planning meeting for the new **theater/concert goers group, was a big success.** About 12 of our interested attendees have volunteered to keep us aware of fun and upcoming concerts and plays that groups might be interested in attending.

Last month we announced a **SPECIAL EVENT** that we hope many of you will attend. We have paid reservations from 12 of our members. The yearly **PAGEANT of the MASTERS in Laguna Beach**, returns in August with an all-new beautiful and amazing art production. Daytrippers tours has offered us a discount of \$20 off their usual price. **Thursday, August 25....** For \$175 pp, you'll be picked up at La Costa Park-n-Ride, and as the day unfolds, you'll have juried art shows, a craft show, dinner on the festival grounds or in the charming town of Laguna Beach and excellent lower tier center seats for the pageant. At the end of this fun-packed day, a comfortable air conditioned bus will be waiting to return you to LaCosta at about 11:30 PM.

Ticket deadline was July 1, when remaining seats will be released to the general public. If you decide after July 1st, please RSVP to [Bobbiegailh@gmail.com](mailto:Bobbiegailh@gmail.com) or 312-502-7661, but you will be required to contact **Daytrippers Tours 619-334-3394**, let them know that you are one of our members, and they will honor our special price as long as space is available.

## **Dining In for 2022-2023**

“Dining In” are groups of eight who get together four times a year to dine in each other's homes! You will host just once a year, and “dine in” at other homes three times during our season. You don't need to be a gourmet cook to participate, and it's a great way to get to know other Newcomers!

Amy Rode is compiling names of those who want to participate in the **August 2022-July 2023** season.

Contact Chairperson Amy Rode at [jamcrode@comcast.net](mailto:jamcrode@comcast.net) if you would like to join us! Amy will also send out an email to all who participated this year (regulars and subs) to see if they will be continuing for another term.

We would like to bring back the Dining In large group get-togethers next year! She will be reaching out with more information to next season's participants!

## **Directory Updates: Have you relocated since joining?**

Since you are logged into our website and the Members Only section, take a moment to check if your email, phone, and address info is up to date. Click on “**Membership and Committee Directories**” then click on “**Full Directory**”. If any changes need to be made, contact Melissa Lee at [melissa7570@gmail.com](mailto:melissa7570@gmail.com) or Kathy Bratcher at [kathy.bratcher@gmail.com](mailto:kathy.bratcher@gmail.com).

## **Discussion Group:**

Will be taking a break for the summer and will resume with interesting topics in early autumn. Meanwhile, if you have questions or interesting ideas for discussions, contact Bobbie Henry at [bobbiegailh@gmail.com](mailto:bobbiegailh@gmail.com).

## **Free Tai Chi: Every Thursday at 4:00 PM**

FREE group Tai Chi in Encinitas Community Park on Thursdays at 4:00 PM. It is for beginners, but all levels are welcome. The organizer is Clint Pearman from The Tai Chi Edge -- a new tai chi enhanced lifestyle integrated system. (Click <https://youtu.be/-kD-nS0BqS0> for a visual of group Tai Chi directed by Clint.)

**Driving Directions to Encinitas Community Park**, 425 Santa Fe Drive, Encinitas from I-5: Take Exit 41 (Santa Fe Drive, Encinitas). The park entrance is on the left side of Santa Fe Drive across the street from Scripps Hospital. (Park Entrance is next right to the Plant Power restaurant’s drive-thru.) You can also enter the park from MacKinnon Avenue. Questions? Contact Leslie Weinberger Kramer [DrLesKram@gmail.com](mailto:DrLesKram@gmail.com)

## **Game Night: No game night in August**

## **General Meeting: Wednesday, August 3rd. 10:30 AM**

**General Meeting and Ice Cream Social begins at 10:00 AM.**

**Meeting starts at 10:30 AM.**

The August meeting and Ice Cream Social will be held in person, outdoors, at the Stagecoach Community Park in Carlsbad “our clubhouse” (same venue as

previous meetings – 3420 Camino De Los Coches, Carlsbad). Lots of parking, a ladies room, and a picnic area. Bring a sun hat, if warm, and jacket, if cool. Consider carpooling as parking is shared with others enjoying the park. If the venue changes, an email blast will be sent to the membership. Remember to bring your “Take Home Name Badge” with Lanyard. **RSVP to: Janine Greenhill [jlgreenhill@yahoo.com](mailto:jlgreenhill@yahoo.com) so she knows who is attending and can notify you if there are venue changes**

**After the General Meetings . . . NEW ACTIVITY!**

### **MEET AND EAT** (formerly “Lunch after General Meeting”)

We are restarting a gathering for a restaurant after the General Meeting – with some changes. Members sign up before the meeting. Peggy Bishop will pick a restaurant and announce it in the Newsletter. Members email Peggy if they will join the group. We will probably limit it to about 20 persons each month.

In August we will be going to **Casa de Bandini in Carlsbad**. (1901 Calle Barcelona) Menu can be viewed at [www.casadebandini.com](http://www.casadebandini.com)

The menu does not list any a la carte items, but any item can be ordered a la carte. We can also have separate checks. If you would like to join us on **Wednesday, August 3rd after the General Meeting**, RSVP to Peggy Bishop at [pcarey\\_bishop@hotmail.com](mailto:pcarey_bishop@hotmail.com). Questions? Contact Peggy.

**September Meet and Eat** will be held at Bushfire Kitchen (3433 Via Montebello, Carlsbad, . . . in the La Costa Center). [www.bushfirekitchen.com](http://www.bushfirekitchen.com)

### **Golf: Every Thursday morning at 9:00 AM**

Golfers play every Thursday AM at the **Lomas Santa Fe Executive Course (1580 Sun Valley Rd, Solana Beach, CA 92075)**. We have two tee times reserved around 9:00 AM, so we can accommodate 8 players. Each week, please email **Ann Welton ([weltona@aol.com](mailto:weltona@aol.com))** by Tuesday PM if you plan to play that week. This should be a firm commitment to play. Golfers of all abilities are invited to play.

**Ann Welton [weltona@aol.com](mailto:weltona@aol.com) (or 858-344-4356) or**

**Nancy Schweizer [ngschweiz@icloud.com](mailto:ngschweiz@icloud.com) (or 425-766-1169)**

## **Happy Hour: Tuesday, August 9th (\*new date)**

**Starting in August we are changing the monthly happy hour to the SECOND TUESDAY of the month at 4:00 PM. For August, please make sure you RSVP to Joanie or you won't be on the RSVP list.** We pick different venues in Encinitas, Carmel Valley, Carlsbad and Solana Beach. We always reserve restaurants outside and try to limit the group to around 20. We will send out an initial email announcing the restaurant a couple of weeks before. **Tuesday, August 9th at 4:00 PM we'll meet at Pandora's Pizza,** 828 North Coast Hwy 101, in Leucadia. 760-230-2323. **Sign up with Joanie** if you would like to join us in August. (We are limited to 22 persons, after that we initiate a Wait List.) To be on the email contact list for future Happy Hours, email **Rosalee: [rkitaen@gmail.com](mailto:rkitaen@gmail.com) 760-505-1975** or **Joanie: [Joan.shaiowatkins@gmail.com](mailto:Joan.shaiowatkins@gmail.com) 858-337-0964**

**Healthy-ish Dining: NEW ACTIVITY! August 14th or 21st at 6:00 PM** Dorene Goldfinger is re-organizing a new supper club similar to Cooking Light of a few years ago. Based upon *Bon Appetit* recipes from their website, [bonappetit.com>diet>healthyish](http://bonappetit.com>diet>healthyish), every attendee will prepare one dish to share. Depending upon responses, the first get-together will be held on **either Sunday, August 14 or Sunday, August 21**, meeting at 6:00 PM at Dorene's home. This activity can accommodate approximately 20 persons in her backyard. So, choose a recipe from *Bon Appetit*, *CookingLight*, or *EatingWell* magazines. (All of these recipes have been tested by their kitchens.). Save your spot by responding by email to Dorene at [goldie2047@aol.com](mailto:goldie2047@aol.com). And indicate your date preference.

## **Hiking: Alternates between Thursday & Saturday mornings**

There are no hikes scheduled for August. Hiking will likely resume in September (depending on weather). To reserve your spot or for more information, contact Jill Hacker at [jillhac@gmail.com](mailto:jillhac@gmail.com) or call/text Jill at 760-271-5373.\*\*

\*\*Note: Jill's phone is listed wrong in the Directory.

Hiking team co-chairs: Jill Hacker and Barbara Nesbit

## **Hula Dancing: NEW ACTIVITY!**

Come dance with us! Classes will be on Thursdays, August 4, 11, and 18, 2022 from 9:00 - 10:00 am. No class on August 25. Members will be notified by email on a weekly basis of the locations. If you're interested, contact Trini Veal at [trinivea@hotmail.com](mailto:trinivea@hotmail.com).

## **In The Kitchen With: MELISSA LEE NEW ACTIVITY!**

**Date: Monday, August 8th from 1:00-3:00 PM**

**Dish: Asian Infused Salmon Cost: \$5.00 cash at the door**

Each month, one of our Newcomer ladies will be inviting us in person, into her kitchen for a cooking demonstration of one of her favorite dishes. This will be completed in a maximum of two hours, at which time we will all get to enjoy eating the dish while sharing our love of food and recipes.

**Due to popular demand, for our August cooking class, Melissa will be demonstrating her delicious baked salmon with Asian flavors. It's a perfect dish for your next dinner party. You can prepare this easy dish the day before and bake before serving. Melissa will also be demonstrating a bonus veggie dish that goes well with the salmon. Of course, members attending will get to taste.**

If you wish to be featured as one of our chefs, contact Vivian Moskowitz [vmoskowitz@san.rr.com](mailto:vmoskowitz@san.rr.com). If you need a large kitchen or kindly wish to volunteer your kitchen, contact **Viviane Moskowitz**.

**RSVP by August 1st to reserve your spot.** Email: [vmoskowitz@san.rr.com](mailto:vmoskowitz@san.rr.com) Melissa's address and phone contact will be given to those who sign up.

## **Knit/Crochet Group:**

We meet in person at Ruth Mack's home in Solana Beach every other **Friday, 10:00 AM-12:00 noon**. There is instruction for beginners and mentoring for your ongoing projects. Please email [Ruthmack50@gmail.com](mailto:Ruthmack50@gmail.com) for the schedule or if you have questions. We are continuing throughout the summer months.



### **Lunch Bunch: 3rd Friday, Every Other Month at 12:30 PM**

Lunch Bunch will be every other month on the third Friday of the month. The first Lunch Bunch will be on **Friday, October 21, 2022 at 12:30 PM**. The other lunches will be **Dec. 16, 2022, Feb. 17, 2023 and Apr. 21, 2023**. For information, contact Rosalee Kitaen at [rkitaen@gmail.com](mailto:rkitaen@gmail.com) or Yvonne Colburn at [ydcolburn@gmail.com](mailto:ydcolburn@gmail.com)

### **Mah Jongg: Every Thursday 11:00 AM**

**We are now playing at Buca di Beppo at The Forum Carlsbad** (1923 Calle Barcelona, Carlsbad). **Begin at 11:00, enjoy lunch, and play as long as you can.** Those of you on the mailing list will receive a weekly email and need only reply “YES” if you plan to attend. We will probably continue meeting during the summer if we have enough players on a given week. Email **Mari Siegel** [grammymari25@gmail.com](mailto:grammymari25@gmail.com) if you wish to be on the notification list and join the group.

### **Mah Jongg Lessons for beginning players.** Mari Kennard

[MariKennard@gmail.com](mailto:MariKennard@gmail.com) and Bobbie Henry [BobbieGailH@gmail.com](mailto:BobbieGailH@gmail.com) have agreed to teach beginning students. Date and time will be decided if/when prospective players sign up.

### **Movie Goers: 4th Tuesday of the Month:**

Movie Goers will continue on the last Tuesday of the month during the summer months. **REMINDER: Our July movie is scheduled for Tuesday, July 26th and our August movie for Tuesday, August 23rd. In July we’re going to see “Where the Crawdads Sing” and our August show is yet to be determined. Once we know...we’ll let you know!**

Because of the price of gas and the recent good turnouts to our movie dates, we’ll be trying something different – going to movie theaters in both the La Jolla and Carlsbad areas. We will email our distribution list the week before to let you know what movie we’ve chosen to see and the location of the month’s movie. Some months we may alternate locations or we may have two different groups seeing the same movie at the same time in different locations! It all depends on theater schedules. If you’d like to be added to the existing Movie Goers

distribution list for specifics and to keep abreast of future Movie Goer plans, please send an email to [NancyShearer66@gmail.com](mailto:NancyShearer66@gmail.com)

**Pickleball:** 🍷🍷🍷 **Wednesdays, 1:00-3:00 PM**

**Newcomers Club ‘Dinking Divas’ Pickleball Group plays at Altamira Pickleball & Tennis Clubs, 6750 Paseo Del Norte, Carlsbad, and Seabluff Village Tennis/Pickleball Courts, 1750 N Coast Highway 101, Encinita.**

\$5 non-members at Altamira Pickleball Club. To get on the Pickleball Wednesday list, contact Janine Greenhill [JLGreenhill@yahoo.com](mailto:JLGreenhill@yahoo.com).

Watch for the email on Sunday 🍷🍷🍷 “Who wants to play Wed?” and **RSVP by Noon Tuesday. IT IS IMPORTANT TO RSVP!!!**

Questions? Janine Greenhill - [JLGreenhill@yahoo.com](mailto:JLGreenhill@yahoo.com) or Margaret Newhouse [Margaretgla@gmail.com](mailto:Margaretgla@gmail.com)

**POOCH PARADE...** **Vacationing until Autumn**

**ELLIE:** What’s with our PERSONS these days? Mine is off to Greece without me, when I could have shown her all around France.

**BUCKEY:** Really? Well, mine is off to Panama Canal. Who goes there when Australia is so much more exciting?

**ELLIE & BUCKEY:** Due to the sudden wanderlust of our Persons, we will be taking a **HIATUS UNTIL THE FALL**. Enjoy your summer and see you in the Fall.

**QUESTIONS:** Contact [susangmiller22@gmail.com](mailto:susangmiller22@gmail.com) or [carolgerman@gamil.com](mailto:carolgerman@gamil.com),

**Poker Divas:** **3rd Wednesday evening of each month**

New players are welcome! There is no need to know HOW to play poker...we will teach you! \$5.00 Buy In! Join us for lots of fun and giggles! For more information, email or call Fran Dyer [slcfran@aol.com](mailto:slcfran@aol.com) 951-315-4251(m)

**REMINDER: Wednesday, August 17, 7:00 PM** In Fran Dyer’s Solana Beach home! **353 S. Sierra Avenue, #194, Solana Beach.** (Gate code will be given.)

**Scrabble Players:** **Second Tuesday every month, 3:00 PM.**We meet every 2nd Tuesday of the month from 3:00 to 5:00 PM. NOTE: Scrabble will be

taking a summer hiatus. **We'll regroup in September** on the second Tuesday, which is September 13th. Updates to follow in subsequent newsletters. For more information or to join us, contact Lisa Schwartz at [Lbs660@aol.com](mailto:Lbs660@aol.com).

### **Shanghai: Tuesday, August 2nd, 12:30 PM**

Shanghai is like gin rummy but with no gin; it's also called California Rummy. This is an easy card game to learn fast . No lessons required!

**Date: Tuesday, August 2nd, 12:30 PM. Place: Outside covered patio at the home of Kim Lubesnick, 707 S. Sierra Ave, Solana Beach.**

**RSVP:** Kim Lubesnick [klubesnick@gmail.com](mailto:klubesnick@gmail.com) by July 25.

Co-chairs: Kim Lubesnick and Judi Brent

### **Sunshine: Anytime**

Sing along to the tune of "You Are My Sunshine"

We are the sunshine of Newcomers,

We want you happy when skies are gray.

We'll never know if you're under the weather,

If you don't let us know right away!

Contact Renee [Renee.McBride@sbcglobal.net](mailto:Renee.McBride@sbcglobal.net) to report anyone who needs a bit of sunshine, get well wishes or congratulations from the Club Members.



### **San Dieguito Newcomers Travel: Last Thursday of month at 4:00 PM REMINDER: Thursday, July 28th at 4:00 PM**

Summer means travel with grandkids and families, so there will be no meeting in August. We have a gathering of 15 people replying for the July 28th date.

Group travel trips are filling up very quickly. Let's talk about the differences in travel companies on **Thursday, July 28th**. Do you have a particular trip and date in mind and are looking for a buddy? You will have time at this meeting to "PITCH A TRIP" – **(1)** to gather a buddy or consider a group trip or **(2)** detail a trip (discuss one that was really great so others may consider it.) To **Pitch A Trip (2)**, please give a detailed rundown of the trip, including transportation, accommodations, food, sights, or experiences of interest, how logistics were handled, best times to go, pricing, snags, select certain items that appealed to

you about the trip. Limit your time to 10-15 minutes. Creating a handout summarizing your trip would be helpful for others.

**Thursday, September 29:** Susan Jasin will pitch her upcoming trip to Morocco and discuss her previous Churchill Polar Bears Tour.

**Our Travel Club meets on the last Thursday of the month at 4:00 PM at Linda Miller's home, 7087 Heron Circle in Carlsbad. RSVP to [sejasin@gmail.com](mailto:sejasin@gmail.com) to reserve your seat. If you plan to attend, bring a beverage or food to share. Thank you again, Linda, for your generous hospitality.**

We are looking for more enthusiastic and knowledgeable members to join the Program Committee. **Send Susan your ideas for future meetings or to pitch a trip.** Susan Jasin [sejasin@gmail.com](mailto:sejasin@gmail.com).

**Yoga Class: Wednesdays at 10:30 AM (Except for the first Wednesday of the Month when we meet at 9:15 AM, prior to our General Meeting.)**

Are you and your friends interested in practicing yoga together? This gentle class is suitable for beginners (and others). We meet on **Wednesdays at 10:30 AM** at Stagecoach Community Park. (The first Wednesday of the month we meet at 9:15 to accommodate the club's General Meeting.) This class is FREE. Please bring a yoga mat. To reserve your spot and/or ask questions, please email Shawn Milligan at [shawnbmilligan@outlook.com](mailto:shawnbmilligan@outlook.com) (or call 206-310-5704).

*Note:* Though this is a gentle yoga class, it may not be appropriate for everyone - especially for those with spinal injuries or mobility problems. If you have any of these issues or other serious health issues, please make sure that you have a doctor's approval before participating. You are welcome to come and observe to help you determine whether this class is right for you.

### **Wanderers:**

**No August Activity** scheduled but plans are being made for fall activities. Here are the "**save the dates**". More information and sign ups for these adventures will be in the next newsletter available early in August.

**September 15 10:30 ( Thursday)** Timken Museum of Art. Docent tour and lunch in Balboa Park. The museum has recently reopened after a \$3 million two year renovation.

**October 13 10:00 (Thursday) Wanderers/Cultural Arts** Winery tour and lunch.  
Venue to be determined.

**November 11 (Friday, Veterans' Day)** Lions, Tigers, and Bears Tour in Alpine.  
Check out their Website! [www.lionstigersandbears.org](http://www.lionstigersandbears.org)

Email [marilyn\\_monell@yahoo.com](mailto:marilyn_monell@yahoo.com) if you have any questions or suggestions  
for future activities

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**Important Notice: Our Club needs LARGE CAPACITY VENUES** to hold 50-100  
members at any given event.

Please scout out a restaurant or a club house near you and report back to President  
Jo-Ann Smith [joann.smith.july4@gmail.com](mailto:joann.smith.july4@gmail.com)