

NEWCOMERS CLUB OF *San Dieguito*

Click for: [EVENT CALENDAR](#)

SEPTEMBER 2022

General Procedure for Signing Up for Activities

The newsletter is the official notification of events for the month. Once members have been notified via an email blast that the newsletter has been posted, members can begin to sign up and pay for any desired activities. Members can expect the newsletter to be available on the Monday morning after the General Meeting. The calendar will be created within a few days, but members do not need to wait for the calendar in order to sign up for an activity.

Photos

Pam Shetler is now the historian. If you have activity photos, please email or text them to Pam at PamelaShetler@hotmail.com or (909) 709-5225 (m). Send photos (in landscape format) for the website to Jeri Saunders jeris@flash.net or Margaret Newhouse margaretgla@gmail.com and to Ruth Mack Ruthmack50@gmail.com for email blasts.

Private FACEBOOK PAGES for Newcomers Club members

Search for: **The Newcomers Club of San Dieguito**

Search for: **San Dieguito Newcomers Travel**

How to RESET YOUR PASSWORD, Set Up VENMO and much more

Sign into the **Newcomers Club website**

Scroll down to **Member Links**

Click on **Club Rules and General Procedures**

Select any and all of the following:

Club Rules

COVID Policy

How to pay your membership dues

How to reset your password

How to Zoom

How to set up Venmo

How to keep Newcomers emails from going to Promotions

Message from the President

Hi Friends,

I screamed, you screamed, we all screamed for ice cream! Well, we didn't exactly scream, but we did enjoy our ice cream social at our August General Meeting. A big thanks goes to the General Meeting Committee for organizing it!



During the meeting we discussed the work of the Task Force to help solve the problems created by having so many members. (Currently, we have 394 members.) The problems include finding large venues to accommodate everyone who wants to attend an event; members not being able to get into activities because they fill up quickly; new members having a difficult time making friends because they often don't see the same people; and the strain on our volunteers, like the Treasurer and Webmaster, supporting so many members. The work of the Task Force continues, but we've made some preliminary recommendations that the Executive Board approved:

- Accept the 13 people currently on the waitlist
- Continue to keep the membership closed and create a new waitlist
- Create a Liaison Committee that helps potential members get into the 9 other clubs we are recommending they join
- Changing our eligibility requirements in the Club Rules

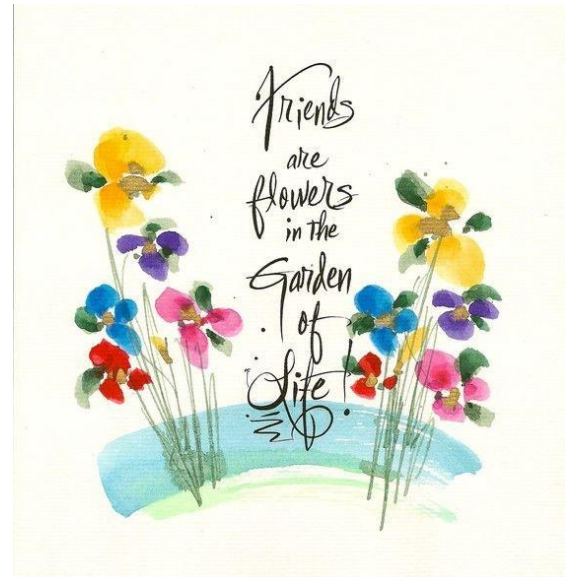
In order to change the Club Rules, we have to discuss the proposed change at a General Meeting and vote on it the following meeting. Melissa Lee led the discussion about the proposed change to our membership eligibility rules, which we will vote on at the September meeting.

Following my column, you'll see the current rules and proposed new rules, which we will vote on at our next meeting.

If you want to learn more, the minutes to the Task Force meetings are on the website under General Meeting Minutes. If you have questions, please contact me or any member of the Task Force. We're happy to help. I hope to see you at the September meeting for the vote.

Friends, Fun, and Flowers to you!

Jo-Ann Smith



| Current Club Rules | Proposed Club Rules |
|--|---|
| <p>Eligibility. Eligibility for new membership will be limited to adults who meet at least one of the following conditions:</p> <ul style="list-style-type: none"> · have moved into the Club-approved boundary map within two years of application for membership · have experienced a major life change (such as retirement or loss of a spouse or life partner) within the last two years and currently reside within the Club-approved boundary | <p>Eligibility. Eligibility for new membership will be limited to adults who meet at least one of the following conditions:</p> <ul style="list-style-type: none"> · have moved from outside the Club-approved boundary area into the Club-approved boundary area within two years of application for membership · currently live within the Club-approved boundary and, within the last two years, have experienced complete retirement from full time employment or the loss of a spouse or life partner |

| | |
|---|---|
| <p>· is a parent, spouse, partner, sibling or child of a current member</p> <p>Club Boundaries. The approved boundaries for membership include the following zip codes:</p> <p>Cardiff 92007</p> <p>South Carlsbad - 92009 or 92011</p> <p>Carmel Valley/San Diego - 92130</p> <p>Del Mar - 92014</p> <p>Encinitas, Leucadia, Olivenhain - 92024,</p> <p>Fairbanks Ranch, Rancho Santa Fe - 92067, 92091</p> <p>Solana Beach-92075</p> | <p>Proof of Residency. The applicant must provide proof of residence in the Club-approved boundary with a current utility bill showing full name and address</p> <p>Club Boundaries. The approved boundaries for membership include the following zip codes:</p> <p>Cardiff 92007</p> <p>South Carlsbad - 92009 or 92011</p> <p>Carmel Valley/San Diego - 92130</p> <p>Del Mar - 92014</p> <p>Encinitas, Leucadia, Olivenhain - 92024,</p> <p>Fairbanks Ranch, Rancho Santa Fe - 92067, 92091</p> <p>Solana Beach-92075</p> |
|---|---|

SEPTEMBER 2022 ACTIVITIES

Arts and Crafts : Mon, Sep 19, 10:30am

Decoupage shells to make beautiful decorations or a dish to hold earrings or other small objects. The date is **Monday September 19th at 10:00am**. The location is at my house **3063 Caminito Sagunto in Del Mar**.

RSVP me at: akron1952@san.com by the 17th. Limited to 10 members.

You may bring some pretty paper cocktail napkins if you have them. This is not a requirement. Material cost will be two or three dollars depending on my costs,

payable at the event. Please try not to cancel at the last minute. A lot of planning and materials go through into putting on an event.

Thanks, Candy Sharda



Beach Blast for 130 Members+Guests on Sunday, September 4th

Moonlight Beach, Encinitas 4:00 - 8:00 PM

BYOC (Bring Your Own Chair) and Drink of Choice (BYOB)

Hamburgers! Hot Dogs! Veggieburgers! Cold Drinks!

Entertainment and Games with Prizes!

All for the Remarkably Low Cost of \$10 per person

Reserve your Spot(s) through FranNewman@ymail.com

DEADLINE IS Saturday, August 20th

Send your Money to Newcomers of San Dieguito

Pay through our Website with Venmo or PayPal until August 20th

Beach Walking: Thursday, September 1st at 10:00 AM

Beach Walking will meet on **September 1st at 10:00 AM at the South Cardiff Beach Lifeguard Station 10**. We will meet on the **first Thursday of every month** at 10:00 AM. We will generally walk about 3 miles to Dog Beach and back from Cardiff State Beach. Anyone can walk less or more at their own pace, choosing to turn around or stop and wait for the group. No dogs, please.

Parking options. Parking for when we meet at Moonlight Beach is free at the Moonlight Beach parking lot. For Cardiff, if you are lucky, you may find a spot along the Coast Highway. **For Cardiff there is also street parking south of the South Parking Lot in the neighborhood off Ocean Street. Allow time to walk from where you park if you don't have the State Beach Parking Permit.** The easiest is: if you have a State Beach Parking permit, park in the South lot. (Google *Cardiff State Beach Parking*.) The LIMITED USE GOLDEN BEAR PASS is available for \$20.00 and is good January - December, except from Memorial Day through Labor Day. Information on how to purchase this is at https://www.parks.ca.gov/?page_id=1049.

If you will join us on this walk or if you are interested in being on the email list for Beach Walking, email Betty Bordelois bettyisnow@yahoo.com

Big Sister Program NEW ACTIVITY!

This coming year, we're starting a new program to help new members of the last two years and future new members acclimate and make new friends. If you are interested in being a Big Sister to one or more new members, email Melissa Lee at melissa7570@gmail.com for more information.

Boogie Boarding: Monday, Wednesday, Friday mornings

Summer is here! Water is warm! We get to swim with the families! Many women will wear shorty wet suits.

Our schedule is:

Monday - 9:30 AM at Moonlight; 9:30 AM & Noon at Fletcher Cove

Wednesday - 9:30 AM at Moonlight Beach

Friday - 9:30 AM at Moonlight; 9:30 AM and Noon at Fletcher Cove

Come to one of our outings and see what fun you are missing.

First-Timers: email Fran Dyer slcfran@aol.com or Loraine Vaught

lvaught421@outlook.com. We will find a buddy to introduce you to the group. Boogie Boarders always meet under the permanent lifeguard station at every beach. We have 20+ participating on some days!

BOOK CLUB GROUPS

**First Monday Book Club: Monday, September 12th Social
10:00 AM, Discussion begins at 10:30 AM (Second Monday due
to Labor Day)**

We will be discussing *The Paris Library* by Janet Skeslien Charles. We will meet at the home of **Adrienne Stokols 6765 Vermarine Court, Carlsbad**. If you plan to attend, email Adrenne at ahstokols@gmail.com to let her know you will be there. **It is important to RSVP so our hostess can plan and you can have a place to sit!**

If you wish to be added to the First Monday Book Club email list for meeting reminders, email Amy Rode at jamcrode@comcast.net.

**Mystery Book Club: Tuesday, Sept. 13th, 10:00 AM Social,
10:30 AM discussion**

Susan Jasin will facilitate our discussion of *Who is Maude Dixon?*

“With clever twists and turns and a battle of wits, this is a portrait of a snake biding its time considering how to disable its next meal while slowly digesting the one he is eating.”

Join the group at the home of Jackie Zucker. **RSVP to Linda Levine**
LLevine65@gmail.com to be sure there is enough seating for all.

For those who wish to read ahead –

Tues. October 11: *The Dry* by Jane Harper

Tues. November 8: *The Last Thing He Told Me* by Laura Dave

If you wish to join group discussions or want to be added to the Mystery Book Club list for meeting reminders, email **Linda Levine:** LLevine65@gmail.com.

Second Tuesday Book Group: Tuesday, Sept 13th 3:00 PM

***Great Circle* by Maggie Shepstead.** For those who use Libby service from the county libraries: “I was able to get our Sept book with Libby skip-the-line loan for 7 days to read.”

(3rd) Tuesday, October 18 - *Remarkably Bright Creatures* by Shelby Van Pelt.

Tuesday, November 8 - *Horse* by Geraldine Brooks

We have temporarily lost our spot at the Cardiff Library. We are meeting at the home of Ann Stahl in Cardiff. Ann’s address is **1845 Rubenstein DRIVE,**

Cardiff-by-the-Sea. DRIVE is essential because there is another Rubenstein. From I-5, exit at Birmingham Drive (Exit 40), head west (toward the ocean or Seaside Market), then right on Montgomery Avenue, right on Westminster, and a sharp right up the hill on **Rubenstein DRIVE**. 1845 is on the right. Or use your GPS. Park in the driveway or on the street.

For details, contact Diana Van Duzer at dvanduzer@sbcglobal.net. If you need to borrow a hardcopy of the book, check with Ann Stahl. She often has one to loan.

Women's Fiction Book Club: Monday, September 19, 10:00 AM Social, 10:30 AM Discussion

For September, the book will be *Sparks Like Stars* by Nadia Hashimi. We will discuss the book at Jo-Ann Smith's home and Kathy Bratcher will facilitate.

REMINDER: Important Date Change for August: The August meeting will be on Monday, **August 29th**. We will be discussing *The Things We Keep* by Sally Hepworth. Sue Miller will host and facilitate the discussion. Since the venue has limited space, and we would like to keep everyone safe, we are limiting this meeting to 20 attendees. RSVP to Melissa Lee at melissa7570@gmail.com if you are interested in attending. You will receive a confirmation via email. Please **DO NOT** attend without receiving a confirmation.

If you would like to be added to the Women's Fiction Book Club mailing list, contact Melissa Lee (chairperson) at melissa7570@gmail.com or you may RSVP for any upcoming meetings that may interest you.

Breakfast Club: Friday, Sept. 9 at Dolche Café, 650 Valley Avenue, Solana Beach

Breakfast Club is back after our summer hiatus. We've discovered a new, local breakfast spot right in the heart of Solana Beach's Mexican restaurant corridor. **Dolche Café** bills itself as serving "authentic Latin fusion" with an emphasis on fresh food. They have everything from healthy avocado toasts, bowls, breakfast sandwiches, burritos, chilaquiles, omelets, los huevos, including specialties of the house. Their drink menu of juices, smoothies, and coffee bar is extensive. You won't be disappointed. We will be dining outside. Space is limited to 20 Newcomers. To reserve your space, RSVP to Marilyn Kogen at

marilynkogen70@gmail.com no later than Friday, September 2.

Rita Overman, Mitzi Belknap, Marilyn Kogen, The Breakfast Club Committee

Butterflies: 🦋🦋🦋

Be on our “All Things Butterflies” email list. We share our successes being Monarch warriors. Contact Louise.Godici@gmail.com

Canasta: ♠♦♣♥ Tuesday, September 20, 2022, 12:30 PM Social Games begin at 1:00 PM

Location will be disclosed as we get closer to the date. Email Dorene goldie2047@aol.com if you plan to attend.

Canasta for Newbies: Please email Dorene goldie2047@aol.com if you are interested in learning to play canasta.



Cardio Drumming: Friday, Sept 2, 10:00 AM and Tuesday, Sept 20, 10:00 AM

On Friday, Sept 2, 10:00 AM Join us at **Aviara Community Park, 6435 Ambrosia Ln, Carlsbad**

On Tuesday, Sept 20, 10:00 AM Join us at **La Colonia Park, 715 Valley Ave, in Solana Beach**

Cardio Drumming is a growing trend combining creativity and fitness—and can be done by young and old alike at any location. It combines cardio exercise and drumming to the rhythm of the music in an easy but effective workout. Cardio drummers rock out to upbeat tunes while also getting an aerobic workout and burning up to 900 calories at a time.

It’s a fun, fast-paced way to get your heart rate up, improve your rhythm, and burn those calories. You don’t need to be a drummer to do it, and even more amazingly, you don’t even need drums! **All you need is a bucket, an exercise ball, drumsticks,** and some music – then you can start drumming. Fran and Kim will lead you in routines set to fun songs at an outdoor location.

Bring: your own equipment if you have it. Large yoga ball, bucket and drum sticks. We have 4 full sets of equipment for you to use if you want to try it first before purchasing your own. **We have extra drumsticks too.** Equipment costs about \$40. **RSVP: Fran Newman FranNewman@ymail.com**

Chicks with Chains: Tuesday, September 20, 10:30 AM

On **Tuesday, September 20 at 10:30 AM** Chicks with Chains will ride around Mission Bay. We are back to the later, non-summer time. This is about a 12-mile loop on a mostly flat, paved bike path, with one hill over a bridge. If people want, they can add an **optional** 4-mile loop around Fiesta Island, for a total of 16 miles. Anyone can skip this extra four miles. We will follow the ride with a picnic lunch along the beautiful bay. If you can join us, email pamelashetler@hotmail.com. Details will be emailed a few days before the ride.

If you can't join us on this ride, but would like to be added to the Chicks with Chains email list, email Pam at pamelashetler@hotmail.com.



Cinema Socializing

Participants see the selected movie on their own and then meet, typically on the second Saturday of every other month, from 4:00-5:30 PM. Movies are selected fairly close to the meeting date and the decision to meet is based on whether there is a movie that seems like it will appeal to the group. Please let Judy Gechman know if you want to be added to the email list for future meetings. judygechman@gmail.com 713-202-8816.

Community Service

Thank you for your generous donations!

A BIG THANK YOU to all the members who donated school supplies and money for school supplies for the homeless children, teens, and young adults at Solutions for Change, a non-profit organization that helps homeless families rebuild their lives. We were awe-struck by all the items you contributed. So were the staff, parents and children. Solutions for Change recently started a Computer Literacy Program to teach necessary job skills. The monetary donations will be

used to buy much-needed computers and software. Thanks again! Your generosity is greatly appreciated.

Sincerely,

Jo-Ann Smith and Christie Snow

Community Service: CRC Carol's House

This local facility offers short term and longer stays for mothers and children escaping domestic violence. Our role is to provide kitchen and bathroom essentials and install fresh bed linens, each time a new family moves into one of the longer stay apartments. We solicit and accept donations of kitchen items or soft furnishings, when needed, but currently have quite a bit in storage. Each home comes with basic furniture so beds or sofas, etc. are never needed.

Thank you for your support.

Co-chairpersons:

Pfitchen@gmail.com (831) 295-3514

MariKennard@gmail.com (925) 200-0024

Community Service: 40th Annual Holiday Baskets Program

Throughout the year, the Community Resource Center (CRC) helps individuals and families create pathways to a healthy diet, stable homes, and safe relationships. On December 10th, CRC's Holiday Baskets distribution program will offer these clients several surprise gifts, including fresh produce and a **NEW Queen or King-sized blanket**, giving low-income households some economic breathing room. As autumn approaches, stores like Costco put blankets on sale as loss leaders. This is a great opportunity to save \$\$\$\$. We have until November 30th to reach or surpass 139 blankets (the amount we contributed in 2021).

Contact judy.cours@gmail.com for questions – or further directions if you prefer to make a financial contribution rather than buy a blanket.

Drop Off Blankets at these homes or at General Meetings:

Melinda Wynar - Carmel Valley (12696 Brubaker Court, SD 92130)

MelindaSue52@gmail.com 858-342-2449 (text)

Judy Cours - Del Mar, Solana Beach, Cardiff, RSF (263 La BARRANCA Dr., SB)

judy.cours@gmail.com 858-449-7415 (text)

Julie Shulman - Encinitas, Leucadia, Olivenhain (Gate guard requires name in advance before entrance is permitted.) gjs@cox.net 949-521-2600 (text)
(1756 Tattenham Rd., Encinitas 92024)

Jo-Ann Smith - Encinitas, Leucadia (192 Coral Cove Way, Encinitas 92024)
jo-ann.smith.july4@gmail.com 650-207-2648 (text)

Bonnie Koonvitsky - Carlsbad (92009) (Email Bonnie FIRST for Gate Code)
bonsky1234@gmail.com

Eileen Ferber - Carlsbad (92024) (6746 Barberry Place, Carlsbad 92024)
eileenferber@gmail.com 760-930-0380 (mobile phone)

Community Service: Solutions for Change

We serve dinner to the residents every 6-8 weeks...thanks to a committee that helps prepare and serve meals. When the dinner date is chosen, Marilyn Barnett informs her committee regarding the menu and details for the dinner. It is so special to see the residents enjoying a home cooked meal.

(Afterwards those who served dinner go out to dinner together. It's a wonderful way to get to know each other better.) Our next dinner will be in September. Marilyn will send an email with the date once it is selected.

There is nothing better than watching another human being grow, blossom and dream. Solutions for Change partners with individuals as they rebuild 🎈 their lives from the ground up. Solutions parents are freed from their addictions, childhood trauma and domestic violence. They learn Self-Accountability and Responsibility. It gives them Dignity and Self-Worth. They work hard on the issues that brought them to homelessness. And they are so grateful to have been given a true second chance at life. If you would like to join our group, **contact Marilyn Barnett** marilynarnett484sd@gmail.com.

Cultural Arts: Pageant of the Masters, Thurs. August 25th. Last month we announced this **SPECIAL EVENT**. We have reservations from 16 of our members. The yearly **PAGEANT of the MASTERS in Laguna Beach**, returns this summer, with an all-new beautiful and amazing live art production. We will be traveling there with Daytripper Tours, who so kindly kept us entertained on ZOOM, with virtual travel tours during Covid lockdown.

NEW ACTIVITY!.....Our planning meeting for the new **theater/concert goers group, was a big success.** Over 25 interested members brainstormed, and many volunteered to keep us aware of fun events, upcoming concerts and plays that groups might be interested in attending. We will continue to define and develop ideas for those of us who love live theater. If you would like to help arrange small group outings to local theaters or concerts, please contact **Bobbie Henry** at bobbiegailh@gmail.com.

During September and October, Cultural Arts will join with Wanderers to offer fun and interesting programs. Please see Wanderers activities to read about future events currently on our schedule.

Dining In

“Dining In” is composed of groups of eight people who get together four times a year to dine in each other's homes! You and a partner will host just once a year, and “dine in” at other homes three times during our season.

The **August 2022-July 2023** season is underway and the first quarter (Aug-Oct) dinner dates will be set by the assigned hostesses.

If you would like to be added to the substitute list, please contact chairperson Amy Rode at jamcrode@comcast.net

Directory Updates: Have you relocated since joining?

Since you are logged into our website, the Members Only section is only a few clicks away. Take a moment to check if your email, phone, and address info is up to date. Click on “**Membership and Committee Directories**” then select “**Full Directory**”. If any changes need to be made, contact Melissa Lee at melissa7570@gmail.com or Kathy Bratcher at kathy.bratcher@gmail.com.

Discussion Group: Friday, September 23, 1:00-3:00 PM

Bring out your **Inner Mrs. Maziel**, playing the many roles we find ourselves in NOW. Humorous Stories will be Exchanged.

Headliners: Jackie Zucker and Louise Godici

Email: Louise.Godici@gmail.com Venue: Louise's garden

Free Tai Chi: Every Thursday at 4:30 PMNote New Time**

FREE group Tai Chi in Encinitas Community Park on Thursdays at 4:30 PM. It is for beginners, but all levels are welcome. The organizer is Clint Pearman from The Tai Chi Edge -- a new tai chi enhanced lifestyle integrated system. (Click <https://youtu.be/-kD-nS0BqS0> for a visual of group Tai Chi directed by Clint.)

Driving Directions to Encinitas Community Park, 425 Santa Fe Drive, Encinitas from I-5: Take Exit 41 (Santa Fe Drive, Encinitas). The park entrance is on the left side of Santa Fe Drive across the street from Scripps Hospital. (Park Entrance is next right to the Plant Power restaurant's drive-thru.) You can also enter the park from MacKinnon Avenue. Questions? Contact Leslie Kramer-Weinberger DrLesKram@gmail.com

Game Night: None scheduled for September

In July, Game Night was canceled due to an increase in Covid cases. Those who were signed up will be notified when it is rescheduled. We're hoping Game Night will return in October.

General Meeting: Wednesday, September 7th. 10:30 AM

Social begins at 10:00 AM. General Meeting starts promptly at 10:30 AM.

The September General Meeting will be held in person, outdoors, at the Stagecoach Community Park in Carlsbad "our clubhouse" (same venue as previous meetings – 3420 Camino De Los Coches, Carlsbad). Shared parking (consider carpool), a ladies room, and a picnic area. Bring a sun hat, if warm, and jacket, if cool. If the venue changes, an email blast will be sent to the membership. Remember to bring your "Take Home Name Badge" with Lanyard.

RSVP to: Janine Greenhill jlgreenhill@yahoo.com so she knows who is attending and can notify you if there are venue change

After the General Meetings . . . NEW ACTIVITY!

MEET AND EAT (formerly "Lunch after General Meeting")

We are resuming gathering at a restaurant after the General Meeting – with some subtle changes. Members must sign up before the meeting so we will know how many plan to attend. Peggy Bishop picks the restaurant and

announces it in the Newsletter following the information for the General Meeting. Members should email Peggy that they will join the group. We will probably need to limit it to about 20 persons each month.

On September 7th we will be going to **Bushfire Kitchen in La Costa Town Square (3433 Via Montebello, Carlsbad)**. Menu can be viewed at www.bushfirekitchen.com. This is one of a chain of family owned and operated restaurants with a mission to provide their customers with healthy choices and quality ingredients at affordable prices. The menu offers classic BBQ favorites, plenty of vegetarian options, and sustainable Pacific NW grilled salmon selections. **RSVP** to Peggy Bishop at pcarey_bishop@hotmail.com. Questions? Contact Peggy.

On October 5 we will be dining at Thai Pasta located in Carlsbad at 7680 El Camino Real. www.thaipastacarlsbad.com

Golf: Every Thursday morning at 9:00 AM

Golfers play every Thursday AM at the **Lomas Santa Fe Executive Course (1580 Sun Valley Rd, Solana Beach, CA 92075)**. We have two tee times reserved around 9:00 AM, so we can accommodate 8 players. Each week, please email **Ann Welton** (weltona@aol.com) by Tuesday PM if you plan to play that week. This should be a firm commitment to play. Golfers of all abilities are invited to play.

Ann Welton weltona@aol.com (or 858-344-4356) or
Nancy Schweizer ngschweiz@icloud.com (or 425-766-1169)

Happy Hour: Tuesday, September 13th 4:00 PM (now held on the second Tuesday of the month)

RSVP to Joanie or Rosalee. Space limited to 20. We pick different venues in Encinitas, Carmel Valley, Carlsbad and Solana Beach. We always try to reserve restaurants with outdoor seating. We will send out an initial email announcing the restaurant a couple of weeks before. To be on the email list for future Happy Hours, or wish to have your name taken off the list, email **Rosalee:**

rkitaen@gmail.com 760-505-1975 or

Joanie: Joan.shaiowatkins@gmail.com 858-337-0964

Healthy-ish Dining: Next meeting will be announced during September

Dorene Goldfinger is re-organizing a new supper club similar to Cooking Light of a few years ago. Based upon *Bon Appetit* recipes from their website, bonappetit.com>diet>healthyish, every attendee will prepare one dish to share. choose a recipe from *Bon Appetit*, *CookingLight*, or *EatingWell* magazines. (All of these recipes have been tested by their kitchens.) goldie2047@aol.com

Hiking: Alternates between Thursday & Saturday mornings

There are no hikes scheduled for August. Hiking will likely resume in September (depending on weather). To reserve your spot or for more information, contact Jill Hacker at jillhac@gmail.com or call/text Jill at 760-271-5373.**

**Note: Jill's phone may be listed wrong in the Directory.

Hiking team co-chairs: Jill Hacker and Barbara Nesbit

Hula Dancing: Thursdays at 9:00 am

The hula dancing class ends on September 4 and will be offered again starting in June 2023. If you're interested, contact Trini Vea at trinivea@hotmail.com.

In The Kitchen With: SUSAN JASIN **NEW ACTIVITY!**

Date: Monday, September 19th at 1:00 PM

Dish: The Perfect Pie Crust - The Holy Grail of Baking

Place: Phyllis Levine has kindly offered her kitchen for this event.

Cost: \$4.00 cash at the door

Each month, one of our Newcomer ladies will be inviting us in person for a cooking demonstration featuring one of her favorite dishes. We will all get to enjoy eating the dish while sharing our love of food and recipes. The number of people who can attend must be limited by the size of the kitchen.

Susan Jasin, our guest chef this month, will be showing us how to bake a delicious fruit pie. Susan says, "It's all about the crust." She will select the perfect seasonal fruit.

RSVP to reserve your spot: vmoskowitz@san.rr.com Phyllis's address and phone contact will be given to those who sign up.

If you wish to be featured as one of our chefs, contact Vivian Moskowitz vmoskowitz@san.rr.com. If you need a large kitchen or kindly wish to volunteer your kitchen, contact **Viviane Moskowitz**.

Knit/Crochet Group:

We meet in person at Ruth Mack's home in Solana Beach every other **Friday, 10:00 AM-12:00 noon**. There is instruction for beginners and mentoring for your ongoing projects. Email Ruthmack50@gmail.com for the schedule or if you have questions. We are continuing throughout the summer months.

Lunch Bunch: 3rd Friday, Every Other Month at 12:30 PM

Lunch Bunch will be every other month on the third Friday of the month. The first Lunch Bunch will be on **Friday, October 21, 2022 at 12:30 PM**. The other lunches will be **Dec. 16, 2022, Feb. 17, 2023 and Apr. 21, 2023**. For information, contact Rosalee Kitaen at rkitaen@gmail.com or Yvonne Colburn at ydcolburn@gmail.com

Mah Jongg: Thursdays beginning at 11:00 AM

Buca di Beppo at The Forum Carlsbad (1923 Calle Barcelona)

Begin at 11:00, enjoy lunch, and play as long as you can. Those of you on the mailing list will receive a weekly email and need only reply "YES" if you plan to attend. Email **Mari Siegel** grammymari25@gmail.com if you wish to be on the notification list and join the group.

Mah Jongg Lessons for beginning players. Mari Kennard

MariKennard@gmail.com and Bobbie Henry BobbieGailH@gmail.com have agreed to teach beginning students. Date and time will be decided if/when prospective players sign up.

Movie Goers: Tuesday, Sept. 27th...always the 4th Tuesday of the Month:

Our September movie is scheduled for Tuesday, Sept. 27th. The movie and the location are yet to be determined. Once we know...we'll let you know!

Because of the price of gas and the recent good turnouts to our movie dates, we'll be trying something different – going to movie theaters in both the La Jolla and Carlsbad areas. We will email our distribution list the week before to let you know what movie we've chosen to see and the location of the month's movie. Some months we may alternate locations or we may have two different groups seeing the same movie at the same time in different locations! It all depends on theater schedules and popularity of the movie. If you'd like to be added to the existing Movie Goers distribution list for specifics and to keep abreast of future Movie Goer plans, please send an email to NancyShearer66@gmail.com

Pickleball: 🍷🍷🍷 Wednesdays, 1:00-3:00 PM

Newcomers Club 'Dinking Divas' Pickleball Group plays at Altamira Pickleball & Tennis Clubs, 6750 Paseo Del Norte, Carlsbad, and Seabluff Village Tennis/Pickleball Courts, 1750 N Coast Highway 101, Encinitas.

\$5 non-members at Altamira Pickleball Club. To get on the Pickleball Wednesday list, contact Janine Greenhill JLGreenhill@yahoo.com.

Watch for the email on Sunday 🍷🍷🍷 "Who wants to play Wed?" and **RSVP by Noon Tuesday. IT IS IMPORTANT TO RSVP!!!**

Questions? Janine Greenhill - JLGreenhill@yahoo.com or Margaret Newhouse Margaretgla@gmail.com

POOCH PARADE... Vacationing until Autumn

ELLIE: What's with our PERSONS these days? Mine is off to Greece without me, when I could have shown her all around France.

BUCKEY: Really? Well, mine is off to Panama Canal. Who goes there when Australia is so much more exciting?

ELLIE & BUCKEY: Due to the sudden wanderlust of our Persons, we will be taking a **HIATUS UNTIL THE FALL**. Enjoy your summer and see you in the Fall.

QUESTIONS: Contact susangmiller22@gmail.com or carolgerman@gamil.com,

Poker Divas: (usually) 3rd Wednesday evening of each month

New players are welcome! There is no need to know HOW to play poker...we will teach you! \$5.00 Buy In! Join us for lots of fun and giggles! For more information, email or call Fran Dyer slcfran@aol.com 951-315-4251(m)

Change of date for August. Wednesday, August 24, 7:00 PM In Fran Dyer's Solana Beach home! **353 S. Sierra Avenue, #194, Solana Beach.** (Gate code will be given.) Plan on playing Poker and an Ice Cream Social.

Scrabble Players: Second Tuesday every month, 3:00 PM.

After a brief summer hiatus, Scrabble will resume on September 13th at 3:00 PM. We may consider rotating venues in the future, but for now, we'll meet at the home of Lisa Schwartz, 872 Cofair Court, Solana Beach. Lisa will send out an email beforehand to confirm details. For more information or to join us, contact Lisa Schwartz at Lbs660@aol.com.

Shanghai: Tuesday, Sept. 6th, 12:30 PM

Shanghai is like gin rummy but with no gin; it's also called California Rummy. This is an easy card game to learn fast . No lessons required!

Date: Tuesday, Sept 6, 12:30 PM. Place: At the home of Dorene Goldfinger, 5252 Vista Del Dios, San Diego

RSVP: Kim Lubesnick klubesnick@gmail.com by September 2nd.

Co-chairs: Kim Lubesnick and Judi Brent



Sunshine: 24/7/365

Hey Everybody! The Sunshine co-chairs need your help.

Let us know if you learn about ANY Newcomer member who is ill or in need. You are all part of our Sunshine Committee.

Renee McBride Renee.McBride@sbcglobal.net 760-518-6106 (m)

Nancy Sexton NancyLSexton@gmail.com 760-505-4256 (m)



**San Dieguito Newcomers Travel: Last Thursday of month
at 4:00 PM Thursday, Sept 29th at 4:00 PM**

Want to see fabulous polar bears before they disappear forever?

Susan Jasin will talk about her latest trip to Churchill, Canada, and how to get close to gigantic polar bears and their cubs. She will discuss locations, climate, geography, accommodations, guides, flights and transportation – with discussion on Other Wonderful Places in Canada.

Our Travel Club meets on the last Thursday of the month at 4:00 PM at Linda Miller's home, 7087 Heron Circle in Carlsbad. RSVP to

sejasin@gmail.com to reserve your seat. If you plan to attend, bring a beverage or food to share. Thank you again, Linda, for your generous hospitality.

We are looking for more enthusiastic and knowledgeable members to join the Program Committee. **Send Susan your ideas for future meetings or to pitch a trip.** Susan Jasin sejasin@gmail.com.

Yoga Class: Wednesdays at 10:30 AM (Except for the first Wednesday of the Month when we meet at 9:15 AM, prior to the General Meeting.)

Yoga is back beginning September 7th!

Are you and your friends interested in practicing yoga together? This FREE class is suitable for beginners and others. We meet at Stagecoach Community Park. Please bring a yoga mat. To reserve a spot and/or ask questions, please email Shawn Milligan at shawnbmilligan@outlook.com (or call her at 206-310-5704).

Note: Though this is a gentle yoga class, it may be too challenging for some, and may not be appropriate for everyone - especially for those with spinal injuries or mobility problems. If you have any of these or other serious health issues, please make sure that you have a doctor's approval before participating. You are welcome to come and observe to help you determine whether this class is right for you.

Wanderers: Thursday, Sept. 15th 10:00 AM

Timken Museum of Art. The museum has recently reopened after a \$3 million two-year renovation. We have arranged for a docent tour, after which we will enjoy lunch at a Balboa Park restaurant. There is no cost to visit the museum, but the committee suggests making a donation during the visit of at least \$5-\$10. The size of our group will determine if we have one or more docents.

Reply by Wed. August 17th to Linda DeMento dementolin06@gmail.com with your commitment to join the tour. Put **Timken in the subject line.** Linda will confirm your secured spot for the tour. Carpools will be arranged

Combined Cultural Arts/Wanders activities:

Thursday, October 13th 10:00 AM. Falkner Winery in Temecula.

Winery tour and tasting with appetizers, followed by lunch (on your own) in the restaurant. Cost is still being determined, estimated to be \$40-\$45 per person.

Friday, November 11th (Veterans' Day) Lions, Tigers and Bears Sanctuary

We have arranged a guided tour of this amazing facility in Alpine. Check out their website www.lionstigersandbears.org. Cost is \$45 per person—and it's worth every penny!

Email marilyn_monell@yahoo.com if you have any questions or suggestions for future activities

Important Notice: Our Club needs LARGE CAPACITY VENUES to hold 100+ members at any given event.

Please scout out a restaurant or a club house near you and report back to President Jo-Ann Smith joann.smith.july4@gmail.com